

2021 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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MEN: TOP-25 ABSOLUTE

55kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mohamad Aniq Kasdan	2002	MAS	54.70	107	142	249	7-Dec	Tashkent, UZB
Sanket Sargar	2000	IND	54.40	111	136	247	10-Aug	Patiala, IND
Y.D. Isuru Kumara	1996	SRI	54.40	104	137	241	18-Apr	Tashkent, UZB
Prashant Koli	1999	IND	53.90	110	130	240	10-Aug	Patiala, IND
Ch Rishikanta Singh	1998	IND	54.84	107	130	237	10-Aug	Patiala, IND
Muna Nyak	2002	IND	55.00	103	131	234	10-Aug	Patiala, IND
A Gunasekar	1996	IND	54.80	103	125	228	10-Aug	Patiala, IND
Karan Lahre	2000	IND	54.70	96	124	220	10-Aug	Patiala, IND
Davis Niyoyita	2004	UGA	54.60	95	125	220	7-Dec	Tashkent, UZB
D. Prithiviraj	2000	IND	53.30	99	120	219	10-Aug	Patiala, IND
Vijay Maheshwari	1999	IND	54.72	97	120	217	10-Aug	Patiala, IND
S. Guru Naidu	2006	IND	54.70	98	120	218	10-Aug	Patiala, IND
Mokund Aher	2003	IND	52.42	96	115	211	10-Aug	Patiala, IND
Golon Tinku	2006	IND	54.90	87	117	204	10-Aug	Patiala, IND
Md Ashikur Rahman Taj	2001	BAN	54.25	92	108	200	23-Apr	Tashkent, UZB
Himanshu Mahaswari	2003	IND	54.70	94	106	200	10-Aug	Patiala, IND

61kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mumamad Aznil Biden	1994	MAS	61.00	120	153	273	9-Dec	Tashkent, UZB
Morea Baru	1990	PNG	61.00	118	152	270	19-Feb	Port Morseby, PNG
Guru Raja	1992	IND	60.90	117	148	265	9-Dec	Tashkent, UZB
Shubam T. Todekar	1997	IND	60.86	117	145	262	10-Aug	Patiala, IND
D.K. Thilanga W.K. Palagasinghe	1993	SRI	60.80	116	145	261	9-Dec	Tashkent, UZB
Chaturanga Lakmal J.A.	1988	SRI	60.50	116	142	258	9-Dec	Tashkent, UZB
Emmanuel Appah	1999	NGR	55.45	115	140	255	27-May	Nairobi, KEN
M. Raja	2000	IND	60.78	111	143	254	10-Aug	Patiala, IND
Youri Simard	2001	CAN	60.80	113	141	254	20-Oct	Guadalajara, MEX
Abubakar Ghani	2004	PAK	60.80	116	138	254	9-Dec	Tashkent, UZB
Sidhanta Gogoi	2004	IND	60.40	111	142	253	10-Aug	Patiala, IND
Charu Pesi	2002	IND	60.40	111	138	249	10-Aug	Patiala, IND
Zakhuma	2001	IND	60.50	110	137	247	10-Aug	Patiala, IND
Govinda Mahajan	2000	IND	60.74	108	135	243	10-Aug	Patiala, IND
Bengia Tani	2004	IND	60.26	105	135	240	10-Aug	Patiala, IND
T. Madhavan	2004	IND	57.60	107	129	236	10-Aug	Patiala, IND
C. Dinesh	2001	IND	60.34	105	131	236	10-Aug	Patiala, IND
Shankar Laplung	2004	IND	60.44	109	126	235	10-Aug	Patiala, IND
Rajendra Muduli	2001	IND	60.74	106	125	231	10-Aug	Patiala, IND
Kenneth Barnett	1992	AUS	60.50	96	130	226	24-Jul	Perth, AUS
Davis Niyoyita	2004	UGA	59.70	96	126	222	27-May	Nairobi, KEN
Probal Pratim Gogoi	2004	IND	60.80	100	121	221	10-Aug	Patiala, IND
Anuj Kumar	2002	IND	59.80	100	121	221	10-Aug	Patiala, IND
Sachin Panwar	2004	IND	60.94	96	125	221	10-Aug	Patiala, IND
Kieran Stiles	1998	ENG	61.00	100	120	220	13-Nov	Bangor, Wales, GBR

67kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Talha Talib	1999	PAK	66.95	150	170	320	25-Jul	Tokyo, JPN
Jeremy Lalrinnunga	2002	IND	66.80	141	164	305	10-Dec	Tashkent, UZB
Vaipava Nevo loane	1988	SAM	66.20	125	170	295	27-Jun	Apia, SAM
Joseph Umofia Edidiong	2002	NGR	66.80	135	160	295	9-Dec	Tashkent, UZB
John Tafi	2002	SAM	65.79	127	164	291	19-Feb	Apia, SAM
Markio Tario	2004	IND	66.70	115	154	269	10-Aug	Patiala, IND
Manjunath Marati	1994	IND	66.66	118	150	268	10-Aug	Patiala, IND
Subhash Lahre	2002	IND	66.24	115	146	261	10-Aug	Patiala, IND
Manula Raobu	2000	TUV	66.97	115	145	260	27-Jun	Funafeti, TUV
Akshay Gaikwad	1996	IND	65.80	115	144	259	10-Aug	Patiala, IND
Tejas Jondhale	2001	IND	66.40	120	135	245	10-Aug	Patiala, IND
U. Manoj M. Wijesinghe A.	1992	SRI	63.40	113	141	254	9-Dec	Tashkent, UZB
Chris Freebury	1989	ENG	66.63	118	135	253	26-Jun	London, England, GBR
A.A. Kamal D. Egodawatta	1988	SRI	65.60	115	138	253	9-Dec	Tashkent, UZB
Aniruddha Nipane	2003	IND	66.42	111	140	251	10-Aug	Patiala, IND
Elson Brechtefeld	1994	NRU	66.20	100	150	250	27-Jun	NRU
Maxime Caouette	1998	CAN	66.41	115	133	248	6-Nov	Montreal, CAN
Vannara Be	1988	AUS	65.20	115	132	247	23-Apr	Melbourne, AUS
Kanhaiya Kumar	2002	IND	64.50	111	135	246	10-Aug	Patiala, IND
Stan Eddie Donga	1998	SOL	66.90	110	135	245	19-Feb	Honiara, SOL
Ruben Katoatoa	1997	KIR	67.00	105	140	245	25-Jul	Tokyo, JPN
Jacob Vanlalitluanga	2002	IND	66.70	110	133	243	10-Aug	Patiala, IND
Feres Sharaf Eldin	2003	CAN	66.90	108	135	243	4-Dec	Peterborough, CAN
Thierry Chicoine	1995	CAN	64.76	112	129	241	6-Nov	Montreal, CAN
B. Venkata Krishna	2006	IND	66.43	107	133	240	10-Aug	Patiala, IND

73kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Achinta Sheuli	2001	IND	72.80	143	173	316	10-Dec	Tashkent, UZB
Deepak Lather	2000	IND	72.63	145	166	311	11-Aug	Patiala, IND
N. Ajith	1999	IND	73.00	138	164	302	11-Aug	Patiala, IND
Muhammad Erry Hidayat	1999	MAS	72.80	136	165	301	10-Dec	Tashkent, UZB
Michael Farmer	1999	WAL	72.40	134	160	294	11-Dec	Bangor, Wales, GBR
Jonathan Chin	1994	ENG	72.20	127	165	292	11-Dec	Bangor, Wales, GBR
Shad Darsigny	2003	CAN	72.70	131	160	291	26-May	Tashkent, UZB
Brandon Wakeling	1994	AUS	72.40	125	166	291	28-Jul	Tokyo, JPN
Mihir Kant Sethi	1996	IND	72.86	130	160	290	11-Aug	Patiala, IND
Jack Oliver	1991	ENG	71.90	131	157	288	13-Nov	Bangor, Wales, GBR
D.M. Indika C. Dissanayake	1989	SRI	72.70	130	156	286	10-Dec	Tashkent, UZB
John Tafi	2002	SAM	71.10	123	161	284	25-Sep	Apia, SAM
Edouard Freve-Guerin	1996	CAN	71.98	126	157	283	4-Sep	La Prairie, CAN
Matt Darsigny	2001	CAN	69.87	127	154	281	6-Nov	Montreal, CAN
R. Jaikaran	1998	IND	72.27	125	155	280	11-Aug	Patiala, IND
Vester Villalon	1991	NZL	72.80	120	160	280	11-Dec	Auckland, NZL
Allan King	1994	ENG	72.09	125	153	278	26-Jun	London, England, GBR
Jacob Finnigan	2002	ENG	72.30	123	154	277	26-Jun	London, England, GBR
Ezekiel Moses	2001	NRU	72.00	122	155	277	25-Sep	NRU
Jacob Finnigan	2002	ENG	72.33	118	154	272	27-Sep	Rovaniemi, FIN
Ruben Katoatau	1997	KIR	70.40	120	150	270	19-Feb	Tarawa, KIR
Elson Brechtefeld	1994	NRU	70.90	115	150	265	19-Feb	NRU
Jon-Antohein Phillips	2000	RSA	72.25	112	151	263	30-Nov	Johannesburg, RSA
Anthony Libasia Masinde	1989	KEN	72.40	121	140	261	10-Dec	Tashkent, UZB
James Delaney	1996	AUS	72.80	114	146	260	23-Apr	Melbourne, AUS
Haiyang Zhang	1983	AUS	72.78	115	145	260	21-May	Sydney, AUS
Elias Sediqi	1998	CAN	73.00	115	145	260	7-Nov	Nanaimo, CAN

81kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Kyle Bruce	1999	AUS	81.00	149	182	331	23-Oct	Sydney, AUS
Nicolas Vachon	1996	CAN	80.35	143	184	327	21-Apr	Santo Domingo, DOM
Alex Bellemarre	1998	CAN	80.73	148	178	326	21-Apr	Santo Domingo, DOM
Ajay Singh	1997	IND	80.85	145	179	324	11-Aug	Patiala, IND
Amarjit Guru	1995	IND	80.75	144	179	323	11-Aug	Patiala, IND
Samuel Guertin	2000	CAN	80.63	145	175	320	6-Nov	Montreal, CAN
Cameron McTaggart	1997	NZL	80.80	140	175	315	31-Jul	Tokyo, JPN
Chris Murray	1999	ENG	80.46	143	170	313	26-Jun	London, England, GBR
Papul Changmai	1994	IND	79.60	141	171	312	11-Aug	Patiala, IND
Ryley Porter	1995	AUS	80.46	140	170	310	8-May	Brisbane, AUS
Leo Lark	1996	AUS	80.60	130	176	306	8-May	Brisbane, AUS
Shad Darsigny	2003	CAN	78.62	136	168	304	6-Nov	Montreal, CAN
Bob Pesaleli	1993	SAM	78.91	137	165	302	19-Feb	Apia, SAM
Chinthana G. Vidanage	1981	SRI	80.70	134	166	300	11-Dec	Tashkent, UZB
Ahmed Valdy Njoya	1999	CMR	80.40	131	165	296	29-May	Nairobi, KEN
Leo Lark	1996	AUS	80.24	130	165	295	25-Sep	Brisbane, AUS
Jason Epton	2000	SCO	78.77	132	163	295	29-Sep	Rovaniemi, FIN
Abhishek Nipane	2001	IND	77.80	125	169	294	11-Aug	Patiala, IND
Frank Longo	1984	CAN	79.70	131	161	292	6-Nov	Toronto, CAN
Guy M. Ngongang Tchuissi	1995	CMR	80.40	127	162	289	11-Dec	Tashkent, UZB
Michael Lane	1993	AUS	80.30	128	160	288	31-Jan	Sydney, AUS
Joshua Wu	1996	AUS	79.60	125	163	288	21-May	Sydney, AUS
Lalu Taku	1998	IND	78.50	128	160	288	11-Aug	Patiala, IND
Tridip Baruah	2003	IND	79.86	126	157	283	11-Aug	Patiala, IND
Jamal Isaac-Shah	1993	ENG	79.94	124	158	282	26-Jun	London, England, GBR

89kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Alex Bellemarre	1998	CAN	86.70	161	189	350	12-Dec	Tashkent, UZB
Antonis Martasidis	1992	CYP	88.62	150	190	340	8-Apr	Moscow, RUS
Kyle Bruce	1999	AUS	84.20	148	190	338	21-May	Sydney, AUS
Jack Opeloge	2000	SAM	83.40	147	190	337	19-Feb	Apia, SAM
Braydon Kennedy	1996	CAN	88.60	155	180	335	12-Dec	Tashkent, UZB
Gabriel Dagenais	1997	CAN	88.34	144	181	325	4-Sep	La Prairie, CAN
Cameron McTaggart	1997	NZL	84.30	142	175	317	4-Jul	Fielding, NZL
N. Jamaludeen	2001	IND	88.50	134	176	310	11-Aug	Patiala, IND
Nikhil Tugnait	1999	IND	88.24	141	168	309	11-Aug	Patiala, IND
Beau Garrett	1990	AUS	88.66	135	170	305	8-May	Brisbane, AUS
Michael Lane	1993	AUS	87.60	139	164	303	27-Nov	Sydney, AUS
Boris Elesin	1991	AUS	88.80	140	161	301	24-Apr	Melbourne, AUS
Liam Saxby	1997	AUS	88.40	137	164	301	19-Jun	Bribie Island, AUS
Edward Smale	1997	ENG	88.06	136	160	296	26-Jun	London, England, GBR
Leo Lark	1996	AUS	81.70	125	170	295	7-Jul	Brisbane, AUS
Chris Parfitt	1988	AUS	88.20	130	165	295	27-Nov	Perth, AUS
Jordan Wentzell	1999	CAN		129	166	295	27-Nov	Halifax, CAN
Joel Gregson	1993	AUS	88.24	130	164	294	27-Nov	Brisbane, AUS
Etienne Gravel	1999	CAN	88.05	124	168	292	6-Nov	Montreal, CAN
Lim Kang Yin	1996	SGP	85.75	128	160	288	28-Mar	Singapore City, SGP
Oliver Saxton	2003	AUS	88.15	133	154	288	12-Dec	Perth, AUS
A. Siva Ramakrishna Yadev	2002	IND	87.54	126	159	285	11-Aug	Patiala, IND
Suditya Baruah	2004	IND	86.36	120	163	283	11-Aug	Patiala, IND
Tejas Lokhande	2001	IND	89.00	124	158	282	11-Aug	Patiala, IND
Manish Mahajan	2000	IND	88.64	125	156	281	11-Aug	Patiala, IND

96kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Boady Santavy	1997	CAN	95.17	181	208	389	22-Apr	Santo Domingo, DOM
Don Opeloge	1999	SAM	95.64	172	215	387	19-Feb	Apai, SAM
Cyrille Tchatchet II	1995	CMR	95.45	155	195	350	31-Jul	Tokyo, JPN
David James	1993	AUS	92.45	161	184	345	23-May	Perth, AUS
Antonis Martasidis	1992	CYP	90.70	153	190	343	14-Dec	Tashkent, UZB
Vikas Thakur	1993	IND	96.00	150	189	339	14-Dec	Tashkent, UZB
Ridge Barredo	1995	AUS	95.42	153	184	337	20-Mar	Sydney, AUS
Christian Amoah	1999	GHA	94.05	149	184	333	29-May	Nairobi, KEN
Jagdish Viswakarama	1994	IND	95.50	142	186	328	13-Dec	Tashkent, UZB
Gurmeet	2001	IND	95.27	146	180	326	12-Aug	Patiala, IND
Braydon Kennedy	1996	CAN	92.60	143	180	323	7-Nov	Nanaimo, CAN
Jean-Christophe Blanchet	1998	CAN	94.92	138	180	318	6-Nov	Montreal, CAN
Xavier Luginan	2003	CAN	93.30	142	171	313	28-Aug	Toronto, CAN
Ruben Burger	1991	RSA	95.96	140	173	313	30-Nov	Johannesburg, RSA
Denis Essama Owona	1989	CMR	94.70	138	175	313	13-Dec	Tashkent, UZB
Taniela Rainibugi	1998	FIJ	94.95	145	167	312	26-Sep	Suva, FIJ
Andrew Pretty	1992	CAN	95.46	138	174	312	4-Dec	Calgary, CAN
Douglas Sekone-Fraser	1991	NZL	95.00	141	170	311	11-Jul	Nelson, NZL
R.V. Rahul	1997	IND	91.90	138	173	311	12-Aug	Patiala, IND
Zubair Kubo	1995	UGA	95.20	140	170	310	29-May	Nairobi, KEN
Jack Dobson	1993	ENG	94.38	138	172	310	26-Jun	London, England, GBR
Shivam Saini	1996	IND	95.30	140	170	310	12-Aug	Patiala, IND
Edmon Avetisyan	1994	ENG	95.80	140	165	305	14-Nov	Bangor, Wales, GBR
Xavier Albert	1998	NZL	92.80	139	165	304	4-Jul	Fielding, NZL
David Steel	1986	SCO	95.10	136	166	302	10-Dec	London, England, GBR
Cameron Urgert	1993	NZL	95.10	142	160	302	11-Dec	Auckland, NZL

102kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Boady Santavy	1997	CAN	97.70	168	198	366	6-Nov	Toronto, CAN
Petelo Lautusi	1996	SAM	101.90	150	200	350	27-Jun	Apia, SAM
Denis Joel Essama Owona	1989	CMR	99.00	156	190	346	29-May	Nairobi, KEN
Jack Opeloge	2000	SAM	97.95	150	187	337	26-Sep	Apia, SAM
Noah Santavy	1998	CAN	98.00	151	185	336	25-Sep	Toronto, CAN
Pierre-Alexandre Bessette	1999	CAN	99.46	158	176	334	6-Nov	Montreal, CAN
Jacob Marquardt	1995	AUS	98.58	145	186	331	21-May	Sydney, AUS
Vikas Thakur	1993	IND	98.00	151	180	331	12-Aug	Patiala, IND
Rashed Quran	1998	CAN	101.20	150	180	330	15-Dec	Tashkent, UZB
Omar Keshta	1998	ENG	101.93	143	186	329	2-Oct	Rovaniemi, FIN
Shubham Verma	1994	IND	99.00	140	182	322	12-Aug	Patiala, IND
Giles Caza	1997	CAN	98.76	146	175	321	23-Apr	Santo Domingo, DOM
Edmon Avetisyan	1994	ENG	96.30	136	175	311	26-Jun	London, England, GBR
Jack Anthony Madanamoothoo	1999	MRI	100.60	135	171	306	15-Dec	Tashkent, UZB
Harshit Sehrawat	2000	IND	101.00	133	172	305	12-Aug	Patiala, IND
Sam Thorne	1996	AUS	101.25	134	171	305	28-Nov	Brisbane, AUS
Amritpal Singh	1998	IND	100.00	131	171	302	12-Aug	Patiala, IND
Thomas Grieve	1995	CAN	101.50	131	170	301	7-Nov	Nanaimo, CAN
Benedict Millson	1996	ENG	101.10	136	165	301	14-Nov	Bangor, Wales, GBR
David Katoatau	1984	KIR	101.90	125	175	300	19-Feb	Tarawa, KIR
Chirag Waghawale	2001	IND	100.00	133	163	296	12-Aug	Patiala, IND
Russell Ludt	1991	AUS	101.30	131	160	291	24-Jul	Perth, AUS
Leon Vogeler-Schmid	2000	AUS	101.84	130	161	291	11-Dec	Sydney, AUS
Christoffel Reeders	1990	RSA	101.45	130	160	290	29-May	Nairobi, KEN
Jakob Daniels	1999	AUS	99.15	130	160	290	3-Jul	Nambour, AUS
Jaydon Buckley	1995	NZL	96.50	130	160	290	24-Sep	Tauranga, NZL
Charlie Stone	1986	ENG	98.60	130	160	290	14-Nov	Bangor, Wales, GBR

109kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Junior P. Ndadja Nyabeyeu	1993	CMR	105.90	160	200	360	16-Dec	Tashkent, UZB
Jackson Roberts-Young	1996	AUS	108.82	151	200	351	21-May	Sydney, AUS
Petelo Lautusi	1996	SAM	103.05	155	195	350	19-Feb	Apia, SAM
Lovepreet Singh	1997	IND	108.90	161	187	348	16-Dec	Tashkent, UZB
Matthew Lydement	1994	AUS	108.42	167	180	347	8-May	Brisbane, AUS
Richard Davidson	1994	CAN	108.30	147	190	337	6-Nov	Guayaquil, ECU
Jordan Sakkas	1999	WAL	107.90	148	187	335	11-Dec	Bangor, Wales, GBR
Vishal Solanki	1993	IND	107.00	152	181	333	12-Aug	Patiala, IND
Noah Santavy	1998	CAN	102.20	151	182	333	16-Dec	Tashkent, UZB
Hanzala Dastigir Butt	2002	PAK	108.70	145	182	327	16-Dec	Tashkent, UZB
Omar Keshta	1998	ENG	105.40	142	182	324	28-Nov	Harrogate, England, GBR
Rashed Quran	1998	CAN	104.80	143	178	321	7-Nov	Nanaimo, CAN
Christopher Palsler-Thorne	1993	ENG	107.80	140	180	320	26-Jun	London, England, GBR
Siaosi Leuo	1992	NZL	107.40	135	180	315	4-Jul	Fielding, NZL
Zachary Courtney	1994	SCO	108.55	143	170	313	4-Dec	Hobart, AUS
Dylan Bergin	1995	AUS	106.60	142	170	312	24-Jul	Perth, AUS
Rajveer Singh	1999	IND	106.20	141	170	311	12-Aug	Patiala, IND
David Harding-Prior	1988	ENG	105.50	140	166	306	10-Dec	London, England, GBR
Pradeep Kumar Yadev	2001	IND	108.90	137	165	302	12-Aug	Patiala, IND
Gagandeep Gill	2002	IND	108.40	130	161	291	12-Aug	Patiala, IND
Joshua Posyluzny	1993	CAN	107.32	131	161	292	4-Dec	Calgary, CAN
Patrick Boileau	1994	CAN	107.70	120	170	290	6-Nov	Toronto, CAN
Brandon Accardi	1996	AUS	108.75	134	155	289	15-May	Melbourne, AUS
Kelly Weatherstone	1986	AUS	108.50	130	159	289	12-Sep	Cairns, AUS
Nathan Morris	1996	RSA	109.00	131	156	287	30-Nov	Johannesburg, RSA
Matthew Byers	1991	SCO	108.40	127	160	287	5-Dec	Stirling, Scotland, GBR

+109kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
David Liti	1996	NZL	176.55	178	236	414	4-Aug	Tokyo, JPN
Sanele Mao	1985	SAM	112.91	175	231	406	19-Feb	Apia, SAM
Muhammad Nooh Dastigir Butt	1998	PAK	165.20	165	225	390	17-Dec	Tashkent, UZB
Gurdeep Singh	1995	IND	159.10	172	217	389	17-Dec	Tashkent, UZB
Suamili Nanai	1995	AUS	130.40	165	210	375	28-Nov	Perth, AUS
Miklos Bencsik II	1989	CAN	144.30	155	205	360	17-Dec	Tashkent, UZB
Quinn Everett	1992	CAN	141.00	158	193	351	17-Dec	Tashkent, UZB
Matthew Lydement	1994	AUS	111.78	155	185	340	27-Jun	Brisbane, AUS
Andrew Griffiths	1993	ENG	117.14	155	180	335	26-Jun	London, England, GBR
Vipan Kumar	1994	IND	144.43	152	183	335	12-Aug	Patiala, IND
S. Rudramayan	2002	IND	133.40	150	181	331	12-Aug	Patiala, IND
Malachi Faamausili-Fala	2001	NZL	127.70	151	177	328	4-Jul	Fielding, NZL
Christopher Palsler-Thorne	1993	ENG	110.90	137	184	321	14-Nov	Bangor, Wales, GBR
Mackenzie Middleton	1998	ENG	125.90	145	175	320	14-Nov	Bangor, Wales, GBR
Daniel O'Hare	1998	NIR	113.20	141	179	320	28-Nov	Harrogate, England, GBR
Robin Baron-Morasse	1996	CAN	162.00	141	177	318	6-Nov	Montreal, CAN
Joseph Walton	1991	ENG	127.30	143	175	318	14-Nov	Bangor, Wales, GBR
Hugo Martin	1998	CAN	116.33	144	173	317	6-Nov	Montreal, CAN
Dylan Bergin	1995	AUS	109.85	145	170	315	24-Jul	Perth, AUS
Ushan C. Vidanapathirana	1993	SRI	146.50	135	180	315	17-Dec	Tashkent, UZB
Zachary Courtney	1994	SCO	109.20	142	170	312	24-Jul	Hobart, AUS
Gurpreet Singh	1992	IND	138.60	141	171	312	12-Aug	Patiala, IND
Sio (Joe) Pomelile	1993	TGA	116.30	130	175	305	14-Feb	Auckland, NZL
Dilabardeep Singh	2000	IND	133.20	135	170	305	12-Aug	Patiala, IND
Haroon Shukat	1988	PAK	117.36	138	160	298	19-Feb	Sydney, AUS

2021 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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WOMEN: TOP-25 ABSOLUTE

45kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dipali Gursale	1996	IND	44.86	73	87	160	10-Aug	Patiala, IND
Sarika Shingare	1998	IND	44.94	72	87	159	10-Aug	Patiala, IND
Jhilli Dalabehera	1999	IND	44.92	69	89	158	10-Aug	Patiala, IND
Komal Kohar	2002	IND	44.64	70	83	153	10-Aug	Patiala, IND
K.V.L. Pavani Kumari	2003	IND	44.95	69	82	151	10-Aug	Patiala, IND
Sakshi Maske	2001	IND	44.90	69	77	146	10-Aug	Patiala, IND
Harshada Garud	2003	IND	44.22	65	78	143	10-Aug	Patiala, IND
Soumya Devi	2005	IND	44.17	63	75	138	10-Aug	Patiala, IND
M. Srimali S. Divisekara	1999	SRI	44.90	58	78	136	8-Dec	Tashkent, UZB
Akanksha Vyavahare	2007	IND	39.10	54	66	120	10-Aug	Patiala, IND
E. Priyanka	2005	IND	42.89	53	65	118	10-Aug	Patiala, IND
Tadar Neha	2004	IND	44.79	50	67	117	10-Aug	Patiala, IND
Samantha Shen	1994	AUS	44.80	52	61	113	19-Jun	Adelaide, AUS
Shivani Yadav	2006	IND	40.00	50	63	113	10-Aug	Patiala, IND
Kajol Sargar	2005	IND	39.98	50	62	112	10-Aug	Patiala, IND
Jasmine Walker	1990	AUS	44.02	45	66	111	21-May	Sydney, NSW
Celine Huynh	2007	AUS	44.44	51	60	111	18-Dec	Adelaide, AUS
Mansi Chamunda	2007	IND	39.86	48	61	109	10-Aug	Patiala, IND
Muskan	2003	IND	39.20	46	55	101	10-Aug	Patiala, IND
Alexandra Marcil	1990	CAN	44.40	45	55	100	4-Sep	La Prairie, CAN
Rekhamoni Gogoi	2004	IND	39.32	45	53	98	10-Aug	Patiala, IND
A. Pooshika	2006	IND	39.40	44	53	97	10-Aug	Patiala, IND
Chitapova Chetia	2004	IND	39.08	42	55	97	10-Aug	Patiala, IND
Idau Vagi	2006	PNG	40.50	43	53	96	19-Feb	Port Morseby, PNG
Tayah Bebzuck Marom	2008	CAN	42.40	45	51	96	27-Nov	Vancouver, CAN
49kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Saikhom Mirabai Chanu	1994	IND	48.90	86	119	205	17-Apr	Tashkent, UZB
Stella Peter Kingsley	2002	NGR	48.30	72	96	168	8-Dec	Tashkent, UZB
Lou Dika Toua	1984	PNG	48.95	72	95	167	24-Jul	Tokyo, JPN
Jhilli Dalabehera	1999	IND	48.60	73	94	167	8-Dec	Tashkent, UZB
Marie Hanitra Roilya Ranaivosoa	1990	MRI	48.95	73	91	164	24-Jul	Tokyo, JPN
Augustina Nwaokolo	1992	NGR	48.65	71	89	160	27-May	Nairobi, KEN
Chetna Ghojage	1996	IND	48.34	70	90	160	10-Aug	Patiala, IND
Tenishia Thornton	2005	MLT	48.52	70	89	159	3-Apr	Moscow, RUS
Pooja Gupta	1998	IND	48.82	69	87	156	10-Aug	Patiala, IND
Nikita Kamalakar	2005	IND	48.20	67	85	152	10-Aug	Patiala, IND
Hannah Powell	1992	WAL	48.14	67	84	151	26-Jun	London, England, GBR
Gyaneshwari Yadav	2003	IND	48.28	67	84	151	10-Aug	Patiala, IND
V. Rithika	2004	IND	48.00	63	83	146	10-Aug	Patiala, IND
Marie-Pier Gendron	2000	CAN	48.84	63	83	146	6-Nov	Montreal, CAN
Preeti	2002	IND	48.50	63	80	143	10-Aug	Patiala, IND
Lisa Tobias	1980	SCO	48.89	61	81	142	26-Jun	London, England, GBR
Tammy Wong	1996	ENG	49.00	63	78	141	13-Nov	Bangor, Wales, GBR
Sapna Kumari	2003	IND	47.46	62	76	138	10-Aug	Patiala, IND
Le Minh Thu Huynh	1993	AUS	48.97	60	78	138	22-May	Adelaide, AUS
Kristine Santos	1996	ENG	48.08	61	77	138	17-Jul	Oldbury, England, GBR
Sapna Kumari	2003	IND	47.46	62	76	138	10-Aug	Patiala, IND
Sandhya Rani Nayak	2003	IND	47.64	62	75	137	10-Aug	Patiala, IND
Winnifred Ntumi	2002	GHA	48.00	59	76	135	8-Dec	Tashkent, UZB
Nikole Roberts	2004	WAL	48.70	63	70	133	11-Dec	Bangor, Wales, GBR
Yolandie Weir	1986	AUS	48.60	59	71	130	30-Jul	Brisbane, AUS
Laurie Francis	2001	CAN	46.42	60	70	130	4-Sep	La Prairie, CAN
Thelma Toua	1991	PNG	48.00	55	75	130	24-Sep	Port Morseby, PNG

55kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Adijat Adenike Olarinoye	1999	NGR	54.20	90	113	203	9-Dec	Tashkent, UZB
Sorokhaibam Bindyarani Devi	1999	IND	54.60	84	114	198	9-Dec	Tashkent, UZB
Fraer Morrow	1998	ENG	54.50	86	109	195	26-Jun	London, England, GBR
Catrin Jones	1999	WAL	54.87	83	105	188	26-Jun	London, England, GBR
M. Santoshi	1994	IND	53.94	80	104	184	10-Aug	Patiala, IND
Rachel Leblanc-Bazinet	1988	CAN	54.90	82	99	181	26-Jul	Tokyo, JPN
Haylee Johnson	1998	CAN		77	101	178	4-Nov	Guayaquil, ECU
Jenly Tegu Wini	1983	SOL	54.66	75	101	176	24-Sep	Honiara, SOL
Sneha Soren	2001	IND	51.26	75	100	175	10-Aug	Patiala, IND
Monalisa Sonowal	1995	IND	54.70	75	95	170	10-Aug	Patiala, IND
Amanda Braddock	1989	CAN	54.50	76	94	170	25-Sep	Toronto, CAN
Jess Sewastenko	1994	AUS	54.60	74	96	170	19-Dec	Sydney, AUS
Ananya Patil	2001	IND	53.02	78	91	169	10-Aug	Patiala, IND
Marie-Helen Chouinard	1999	CAN	54.19	73	95	168	6-Nov	Montreal, CAN
Charlotte Simoneau	2005	CAN	54.70	76	91	167	19-Oct	Guadalajara, MEX
Cynthia Barrette	1997	CAN	54.95	77	90	167	6-Nov	Montreal, CAN
Lou Dika Toua	1984	PNG	50.05	69	95	164	26-Jun	Melbourne, AUS
Hannah Kaminski	1994	CAN	52.65	72	92	164	4-Dec	Calgary, CAN
Jane Lee-Isted	1990	ENG	54.60	71	93	164	13-Nov	Bangor, Wales, GBR
Tenisha Thornton	2005	MLT	54.60	73	89	162	9-Dec	Tashkent, UZB
Jodey Hughes	1983	SCO	54.80	70	90	160	4-Dec	Stirling, Scotland, GBR
W. Chamari M. Warnakulasuriya	1990	SRI	54.60	70	90	160	9-Dec	Tashkent, UZB
Saksi Ranmale	2003	IND	54.40	70	89	159	10-Aug	Patiala, IND
Noorin Gulam	1995	ENG	51.00	68	91	159	11-Dec	Bangor, Wales, GBR
Kayleigh Steel	1991	ENG	54.26	68	90	158	26-Jun	London, England, GBR

59kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Rafiatu Folashade Lawal	1996	NGR	57.80	92	115	207	11-Dec	Tashkent, UZB
Fatima Yakuba	1997	NGR	58.72	87	113	200	19-Feb	Sydney, AUS
Zoe Smith	1994	ENG	58.80	89	111	200	5-Apr	Moscow, RUS
Tali Darsigny	1998	CAN	59.00	90	109	199	27-Jul	Tokyo, JPN
Fraer Morrow	1998	ENG	55.95	88	110	198	6-Nov	Dijon, FRA
Jessica Gordon-Brown	1995	ENG	58.68	90	107	197	26-Jun	London, England, GBR
Mohini	1999	IND	58.44	84	110	194	11-Aug	Patiala, IND
Tori Gallagos	2003	AUS	58.50	86	106	192	25-Sep	Nambour, AUS
Popy Hazarika	1998	IND	58.20	84	105	189	11-Aug	Patiala, IND
Brenna Kean	1995	AUS	58.90	80	108	188	26-Nov	Melbourne, AUS
Olivia Blatch	1996	ENG	58.82	85	100	185	26-Jun	London, England, GBR
Laura Wheatcroft (Hewitt)	1994	WAL	57.90	83	101	184	13-Nov	Bangor, Wales, GBR
Jennifer Tong	1996	ENG	58.10	82	101	183	13-Nov	Bangor, Wales, GBR
Jenly Tegu Wini	1983	SOL	56.00	80	102	182	19-Feb	Honiara, SOL
Swati Singh	1987	IND	58.22	82	100	182	11-Aug	Patiala, IND
Saloni Singh	2001	IND	58.42	82	99	181	11-Aug	Patiala, IND
Charlotte Simoneau	2005	CAN	58.27	80	100	180	4-Dec	Lachute, CAN
Natalie Setiajdi	1996	AUS	58.44	80	99	179	26-Nov	Sydney, AUS
Halle Mifsud	2000	AUS	58.39	73	102	175	6-Nov	Townsville, AUS
Marie-Pier Bonneau	1998	CAN	58.33	78	97	175	6-Nov	Montreal, CAN
Rose Harvey	1998	CAN	55.44	76	99	175	6-Nov	Montreal, CAN
Hannah Gula	1998	CAN	58.10	78	96	174	6-Nov	Toronto, CAN
Kayla Shepard	1998	CAN	58.10	73	101	174	7-Nov	Nanaimo, CAN
Jess Sewastenko	1994	AUS	57.86	77	97	174	26-Nov	Sydney, AUS
Josee Gallant	1992	CAN		78	96	174	27-Nov	Halifax, CAN

64kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maude Charron	1993	CAN	63.62	107	133	240	21-Apr	Santo Domingo, DOM
Sarah Davies	1992	ENG	63.70	101	129	230	6-Apr	Moscow, RUS
Sarah Cochrane	1989	AUS	63.66	100	120	220	24-Sep	Brisbane, AUS
Kiana Elliott	1997	AUS	63.40	101	108	209	27-Jul	Tokyo, JPN
Harjinder Kaur	1996	IND	63.41	91	111	202	11-Aug	Patiala, IND
Joy Ogbonne Eze	2004	NGR	63.75	88	110	198	28-May	Nairobi, KEN
Rachel Siemens	1989	CAN	63.70	88	107	195	12-Dec	Tashkent, UZB
Emma McIntyre	1991	NZL	63.60	88	105	193	10-Jul	Nelson, NZL
Nadia Burke (Yangui)	1992	CAN	63.99	85	106	191	21-Apr	Santo Domingo, DOM
Sabah Chamoun	2000	AUS	63.92	83	108	191	21-May	Sydney, AUS
Yasmin Zammit-Stevens	1993	MLT	63.70	84	105	189	27-Jul	Tokyo, JPN
Komal Khan	2001	IND	63.50	88	101	189	11-Aug	Patiala, IND
Erika Yamasaki	1987	AUS	62.18	81	107	188	8-May	Brisbane, AUS
Meena Kumari	1989	IND	60.00	80	103	183	11-Aug	Patiala, IND
Anneke Spies	1993	RSA	60.64	80	103	183	30-Nov	Johannesburg, RSA
S. Pallavi	2003	IND	63.00	81	101	182	11-Aug	Patiala, IND
S. Nirupama Devi	2000	IND	63.47	80	102	182	11-Aug	Patiala, IND
Michelle Merand	1989	RSA	61.39	77	105	182	30-Nov	Johannesburg, RSA
Andriena Elton	1996	AUS	64.00	82	97	179	7-Nov	Sydney, AUS
Gabrielle Clyburn	1994	AUS	63.18	84	95	179	26-Nov	Brisbane, AUS
Alison Sefo	1994	SAM	61.78	80	98	178	19-Feb	Apia, SAM
Elizabeth Granger	1991	NZL	63.80	82	96	178	3-Jul	Fielding, NZL
Renee Hogan	1996	AUS	63.70	78	100	178	24-Jul	Perth, AUS
Rachel Duncan	2003	NZL	63.60	78	100	178	11-Dec	Lower Hutt, NZL
Caroline Doyle	1992	NIR	62.85	81	95	176	26-Jun	London, England, GBR
Alecha Mahoney-Piva	1994	AUS	63.05	78	98	176	31-Jul	Brisbane, AUS
Annu	1997	IND	63.62	81	95	176	11-Aug	Patiala, IND
Ly-Anne Bourque	1997	CAN	61.11	78	98	176	6-Nov	Montreal, CAN
Courtney Haley	1994	AUS	63.72	80	96	176	26-Nov	Brisbane, AUS
Laryne Jefferies	1991	RSA	63.64	78	98	176	30-Nov	Johannesburg, RSA

71kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Sarah Davies	1992	ENG	70.50	102	132	234	13-Dec	Tashkent, UZB
Joy Ogbonne Eze	2004	NGR	69.40	100	130	230	13-Dec	Tashkent, UZB
Emily Muskett (Godley)	1989	ENG	70.42	98	129	227	7-Apr	Moscow, RUS
Adreanne Messier	1999	CAN	70.90	100	119	219	5-Nov	Guayaquil, ECU
Sarah Cochrane	1989	AUS	66.60	98	120	218	10-Jul	Townsville, AUS
Darcy Kay	1990	AUS	70.18	93	118	211	23-Oct	Brisbane, AUS
Harjinder Kaur	1996	IND	69.20	90	121	211	13-Dec	Tashkent, UZB
Megan Signal	1990	NZL	69.20	92	118	210	13-Feb	Auckland, NZL
Shania Bedward	1996	CAN	70.90	95	115	210	28-Aug	Toronto, CAN
Lalchhanhimi	1992	IND	70.80	90	119	209	13-Dec	Tashkent, UZB
Olivia Shelton	1993	AUS	71.00	90	117	207	25-Sep	Brisbane, AUS
Ebony Gorincu	1989	AUS	70.90	91	115	206	19-Jun	Brisbane, AUS
Nancy Genzel Abouke	2003	NRU	68.20	90	115	205	26-Jun	NRU
Nadia Burke (Yangui)	1992	CAN	67.00	87	116	203	13-Dec	Tashkent, UZB
Faye Pittman	1983	WAL	70.24	85	110	195	26-Jun	London, England, GBR
Yasmin Zammit-Stevens	1993	MLT	66.50	90	105	195	27-Jun	Cosipica, MLT
Erin Barton		ENG	70.10	85	110	195	14-Nov	Bangor, Wales, GBR
Alice Aitchison	1999	SCO	69.90	85	110	195	5-Dec	Stirling, Scotland, GBR
Sally Bennet	1991	ENG	69.60	88	107	195	11-Dec	Bangor, Wales, GBR
Gina McMonagle	2000	CAN	69.46	87	107	194	19-Sep	Edmonton, CAN
Jacqueline Nichele	2000	AUS	69.98	86	107	193	27-Nov	Sydney, AUS
Thea Wall	1995	CAN		86	106	192	27-Nov	Halifax, CAN
Pooja Yadav	1996	IND	70.36	86	104	190	11-Aug	Patiala, IND
Shandler Kohlman	1995	CAN	70.39	85	105	190	4-Dec	Calgary, CAN
Roberta Tabone	1994	MLT	69.22	84	105	189	16-Oct	San Marino City, SMR
Maddison Power	2003	AUS	71.00	84	105	189	6-Nov	Gold Coast, AUS

76kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maya Laylor	1995	CAN	75.60	103	130	233	28-Aug	Toronto, CAN
Emily Muskett (Godley)	1989	ENG	71.85	98	124	222	1-Aug	Tokyo, JPN
Punam Yadev	1995	IND	75.20	98	122	220	14-Dec	Tashkent, UZB
Isabel Harrison-Lorenzini	1999	AUS	73.95	102	116	218	31-Jan	Sydney, AUS
Megan Signal	1990	NZL	72.30	95	123	218	4-Jul	Fielding, NZL
Kristel Ngarlem	1995	CAN	75.35	95	123	218	1-Aug	Tokyo, JPN
A.A. Ramasundara Pandi	2000	IND	75.40	91	123	214	14-Dec	Tashkent, UZB
Jeanne Gaelle Eyenga Mbo'ossi	1999	CMR	74.35	96	117	213	29-May	Nairobi, KEN
Taiwo Liadi	2002	NGR	74.80	95	115	210	14-Dec	Tashkent, UZB
Ebony Gorinco	1989	AUS	73.86	91	117	208	25-Sep	Brisbane, AUS
Shania Bedward	1996	CAN	72.80	91	116	207	2-Oct	Toronto, CAN
Deborah Alawode	1997	ENG	75.60	93	113	206	11-Dec	Bangor, Wales, GBR
Laura Hughes	1993	WAL	75.70	90	114	204	11-Dec	Bangor, Wales, GBR
Nancy Genzel Abouke	2003	NRU	71.80	90	113	203	1-Aug	Tokyo, JPN
Agata Herbert	1988	SCO	74.10	91	110	201	4-Dec	Stirling, Scotland, GBR
Amy Salt	1993	WAL	73.40	90	111	201	11-Dec	Bangor, Wales, GBR
R. Arockiya Alish	2000	IND	75.75	87	113	200	12-Aug	Patiala, IND
Tamara Dinsmore	1986	AUS	75.36	85	115	200	28-Nov	Brisbane, AUS
Renu Devi	1989	IND	71.14	87	111	198	12-Aug	Patiala, IND
Vanshita Verma	2001	IND	74.86	83	115	198	12-Aug	Patiala, IND
Gina McMonagle	2000	CAN	71.49	86	110	196	4-Dec	Calgary, CAN
Jyoti Yadav	2004	IND	72.00	85	110	195	12-Aug	Patiala, IND
Emily Atton	1991	AUS	74.05	88	107	195	28-Nov	Melbourne, AUS
Sarah Wiltshire	1990	ENG	75.11	88	106	194	26-Jun	London, England, GBR
Charlotte Davies	1991	ENG	75.26	87	103	190	26-Jun	London, England, GBR

81kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Eileen Cikamatana	1999	AUS	81.00	111	140	251	20-Nov	San Marino, SMR
Marie Josephe Fegue	1991	CMR	77.34	110	135	245	23-Oct	Istres, FRA
Leotina Petelo	2001	SAM	80.96	100	130	230	26-Jun	Apia, SAM
Kristel Ngarlem	1995	CAN	78.33	91	120	211	6-Nov	Montreal, CAN
Rosalie Dumas	1992	CAN		97	107	204	6-Nov	Guayaquil, ECU
Sarah Wiltshire	1990	ENG	78.60	88	113	201	14-Nov	Bangor, Wales, GBR
Kartigya	1999	IND	77.60	89	109	198	12-Aug	Patiala, IND
Rakhi	1996	IND	76.56	84	114	198	12-Aug	Patiala, IND
Rayen Cupid	1985	SVG	77.21	88	107	195	23-Apr	Santo Domingo, DOM
Dimpi Dutta	1999	IND	80.16	85	108	193	12-Aug	Patiala, IND
Balage Chathurika Priyanthi	1992	SRI	80.20	86	106	192	23-Apr	Tashkent, UZB
Noi Bernadette Igo	1998	PNG	80.00	85	105	190	19-Feb	Port Moresby, PNG
Cassie Todd	1991	AUS	80.46	80	109	189	8-May	Brisbane, AUS
Merewalesi Vusonitokalaus	1999	FIJ	78.50	85	102	187	19-Feb	Suva, FIJ
Emmalyne Mitchell	1990	AUS	77.90	85	102	187	28-Nov	Brisbane, AUS
Renee Baarspul	1986	NZL	80.52	82	103	185	4-Jul	Fielding, NZL
Medea Jones	2003	NZL	76.80	82	100	182	4-Jul	Fielding, NZL
Mayuri Devare	1999	IND	80.78	84	98	182	12-Aug	Patiala, IND
T. Dharshini	1998	IND	77.40	81	101	182	12-Aug	Patiala, IND
Annabel Thomson	1987	AUS	78.58	81	100	181	21-May	Sydney, AUS
Christine Col	1990	CAN	80.90	80	98	178	7-Nov	Nanaimo, CAN
Holly Drain	1998	NZL	75.80	81	96	177	23-May	Auckland, NZL
Elizabeth Adimim	2002	NRU	78.50	77	97	174	19-Feb	NRU
Alexandra Cave	1996	ENG	80.50	74	100	174	10-Dec	London, England, GBR
Ch. Srilakshmi	2004	IND	76.06	78	94	172	12-Aug	Patiala, IND

87kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Eileen Cikamatana	1999	AUS	85.15	121	153	274	26-Jun	Melbourne, AUS
Leotina Petelo	2001	SAM	82.15	100	130	230	19-Feb	Apia, SAM
Clementine Meukeugni Noubbissi	1990	CMR	85.85	99	125	224	2-Aug	Tokyo, JPN
Kristel Ngarlem	1995	CAN	81.60	99	125	224	16-Dec	Tashkent, UZB
Hayley Whiting	1993	NZL	83.80	101	120	221	15-May	Hamilton, NZL
Lauren Bruce	1997	NZL	86.00	102	115	217	9-Oct	Christchurch, NZL
Kanah Andrews-Nahu	2001	NZL	85.35	94	112	206	2-Aug	Tokyo, JPN
Nicola Stiddard	1993	ENG	82.92	90	115	205	26-Jun	London, England, GBR
Sarah Wiltshire	1990	ENG	81.80	93	112	205	11-Dec	Bangor, Wales, GBR
Anuradha Pavunraj	1992	IND	86.70	91	110	201	24-Apr	Tashkent, UZB
Tara Pratt	1992	AUS	86.00	90	110	200	23-May	Perth, AUS
Kassandra Mena	1990	CAN	86.70	85	115	200	6-Nov	Toronto, CAN
Renee Baarspul	1986	NZL	83.70	90	107	197	19-Jun	Hastings, NZL
Emma McCready (Collin-Jones)	1990	ENG	86.00	88	107	195	14-Nov	Bangor, Wales, GBR
Jennifer Houghton	1989	ENG	86.23	86	108	194	26-Jun	London, England, GBR
Jasmine Stimson	1996	AUS	85.30	85	108	193	28-Nov	Perth, AUS
Emily Sweeney	2004	ENG	83.10	84	108	192	27-Nov	Harrogate, England, GBR
Lauren Miller	1994	ENG	86.45	84	105	189	26-Jun	London, England, GBR
Chathurika Priyanthi Balage	1992	SRI	84.40	80	105	185	16-Dec	Tashkent, UZB
Usha S.R.	2000	IND	84.94	81	103	184	12-Aug	Patiala, IND
B.N. Usha	1995	IND	84.94	81	103	184	12-Aug	Patiala, IND
Modhusmrita Baruah	1993	IND	86.93	80	100	180	12-Aug	Patiala, IND
Kath Olechowski	1984	AUS	81.28	78	100	178	15-May	Launceston, AUS
Jacqueline Saward	1995	AUS	85.52	74	98	172	25-Sep	Devonport, AUS
Jaelyn Su'a	2004	NZL	85.30	74	97	171	4-Jul	Fielding, NZL

+87kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Emily Campbell	1994	ENG	124.80	122	161	283	2-Aug	Tokyo, JPN
Luniara Sipaia	1993	SAM	120.78	110	150	260	26-Jun	Apia, SAM
Feagaiga Stowers	2000	SAM	124.65	114	144	258	26-Sep	Apia, SAM
Lesila Fiapule	2001	SAM	98.50	110	142	252	19-Feb	Apia, SAM
Laurel Hubbard	1978	NZL	148.00	115	135	250	8-May	Dunedin, NZL
Charisma Amoe-Tarrant	1999	AUS	154.05	105	138	243	2-Aug	Tokyo, JPN
Emma Friesen	2002	CAN	110.82	103	126	229	4-Dec	Lachute, CAN
Purnima Pandey	1997	IND	99.40	102	127	229	16-Dec	Tashkent, UZB
Kuinini Manumua	2000	TGA	108.50	103	125	228	2-Aug	Tokyo, JPN
Kanah Andrews-Nahu	2001	NZL	94.80	101	116	217	11-Dec	Auckland, NZL
Leah Clarke	1995	ENG	114.60	90	123	213	14-Nov	Bangor, Wales, GBR
Kaitlyn Fassina	1990	AUS	94.20	93	113	206	6-Feb	Hobart, AUS
Etta Love	2007	CAN	100.60	90	110	200	23-Oct	Guelph, CAN
Miniah Summerell	2003	NZL	111.30	89	109	198	4-Jul	Fielding, NZL
Manpreet Kaur	1989	IND	101.04	84	111	195	12-Aug	Patiala, IND
Jasbir Kaur	1988	IND	102.00	86	105	191	12-Aug	Patiala, IND
Muskan Singh	2002	IND	94.00	84	105	189	12-Aug	Patiala, IND
Anais Michaud	2001	CAN	113.14	83	106	189	4-Sep	La Prairie, CAN
Tasha Willing	1998	CAN	94.10	83	105	188	7-Nov	Nanaimo, CAN
W. T. N. J. B. Haputhanna	1999	SRI	114.50	81	106	187	16-Dec	Tashkent, UZB
Ann Mariya M.T.	1998	IND	111.20	79	107	186	12-Aug	Patiala, IND
Angel Billen	2007	CAN	97.40	79	106	185	27-Nov	Vancouver, CAN
Jessica Collins	1991	NZL	150.30	85	98	183	4-Jul	Fielding, NZL
Amy Baleibaravi	1992	AUS	104.00	81	101	182	15-May	Launceston, AUS
Gloria Aumavao Tasi	1984	NZL	121.80	80	102	182	4-Jul	Fielding, NZL

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MEN: ONE PER COUNTRY

55kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mohamad Aniq Kasdan	2002	MAS	54.70	107	142	249	7-Dec	Tashkent, UZB
Sanket Sargar	2000	IND	54.40	111	136	247	10-Aug	Patiala, IND
Y.D. Isuru Kumara	1996	SRI	54.40	104	137	241	18-Apr	Tashkent, UZB
Davis Niyoyita	2004	UGA	54.60	95	125	220	7-Dec	Tashkent, UZB
Md Ashikur Rahman Taj	2001	BAN	54.25	92	108	200	23-Apr	Tashkent, UZB
Ben Hickling	2002	ENG	54.59	82	107	189	25-Jun	London, England, GBR
Scofield Goava Sinaka	1998	PNG	53.90	76	105	181	19-Feb	Port Morseby, PNG
Itamari Uamoa	2004	KIR	48.50	80	95	175	19-Feb	Tarawa, KIR
Harrison Nguyen	1993	AUS	54.86	70	94	164	21-May	Sydney, AUS
Eroni Talemaigau	2006	FIJ	52.90	70	93	163	19-Feb	Suva, FIJ
Philip Masi	2004	SOL	54.40	70	90	160	19-Feb	Honiara, SOL
Apison Wildman		SCO	54.40	63	81	144	4-Dec	Stirling, Scotland, GBR
Benjamin Osiero Ochoma	1999	KEN	54.10	55	80	135	7-Dec	Tashkent, UZB
Boy Meje	2006	RSA	49.00	55	73	128	30-Nov	Johannesburg, RSA
Darren Brabbs	2005	NZL	55.00	50	70	120	27-Mar	Christchurch, NZL
Ross McWatt	2006	SCO	49.40	51	64	115	18-Sep	Arboath, Scotland, GBR

61kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Mumamad Aznil Biden	1994	MAS	61.00	120	153	273	9-Dec	Tashkent, UZB
Morea Baru	1990	PNG	61.00	118	152	270	19-Feb	Port Morseby, PNG
Guru Raja	1992	IND	60.90	117	148	265	9-Dec	Tashkent, UZB
D.K. Thilanga W.K. Palagasinghe	1993	SRI	60.80	116	145	261	9-Dec	Tashkent, UZB
Emmanuel Appah	1999	NGR	55.45	115	140	255	27-May	Nairobi, KEN
Youri Simard	2001	CAN	60.80	113	141	254	20-Oct	Guadalajara, MEX
Abubakar Ghani	2004	PAK	60.80	116	138	254	9-Dec	Tashkent, UZB
Kenneth Barnett	1992	AUS	60.50	96	130	226	24-Jul	Perth, AUS
Davis Niyoyita	2004	UGA	59.70	96	126	222	27-May	Nairobi, KEN
Kieran Stiles	1998	ENG	61.00	100	120	220	13-Nov	Bangor, Wales, GBR
Shadrack Cain	1999	NRU	60.10	90	120	210	27-Jun	NRU
Avery Fesolai	2002	NZL	59.26	91	113	204	3-Jul	Fielding, NZL
Hafiz Bin Zaidi	2003	SGP	60.00	85	112	197	27-Mar	Singapore City, SGP
Ben Foggo	2002	WAL	59.90	87	110	197	11-Dec	Bangor, Wales, GBR
Thapelo Nkhahle Sebota	1997	LES	60.75	81	105	186	27-May	Nairobi, KEN
Stuart Shilliday	2001	SCO	58.95	76	100	176	26-Jun	London, England, GBR
Kgotla Kgaswane	2000	BOT	60.15	70	100	170	27-May	Nairobi, KEN
Walter Shadrack	2000	SOL	57.40	75	90	165	19-Feb	Honiara, SOL
Daniel Shaw	2005	FIJ	60.40	75	80	155	19-Feb	Suva, FIJ
Apison Wildman	1995	SCO	60.30	63	81	144	23-Oct	Glasgow, Scotland, GBR
Teika Tenanoa	2002	KIR	60.90	51	73	124	19-Feb	Tarawa, KIR
Katleho Tladi	2005	RSA	57.30	55	60	115	30-Nov	Johannesburg, RSA
Nicolas Papas	2010	CYP	60.30	17	21	38	20-Nov	Limassol, CYP

67kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Talha Talib	1999	PAK	66.95	150	170	320	25-Jul	Tokyo, JPN
Jeremy Lalrinnunga	2002	IND	66.80	141	164	305	10-Dec	Tashkent, UZB
Vaipava Nevo Ioane	1988	SAM	66.20	125	170	295	27-Jun	Apia, SAM
Joseph Umofia Edidiong	2002	NGR	66.80	135	160	295	9-Dec	Tashkent, UZB
Manula Raobu	2000	TUV	66.97	115	145	260	27-Jun	Funafeti, TUV
U. Manoj M. Wijesinghe A.	1992	SRI	63.40	113	141	254	9-Dec	Tashkent, UZB
Chris Freebury	1989	ENG	66.63	118	135	253	26-Jun	London, England, GBR
Elson Brechtefeld	1994	NRU	66.20	100	150	250	27-Jun	NRU
Maxime Caouette	1998	CAN	66.41	115	133	248	6-Nov	Montreal, CAN
Vannara Be	1988	AUS	65.20	115	132	247	23-Apr	Melbourne, AUS
Stan Eddie Donga	1998	SOL	66.90	110	135	245	19-Feb	Honiara, SOL
Ruben Katoatoa	1997	KIR	67.00	105	140	245	25-Jul	Tokyo, JPN
Julius Ssekitoleko	2000	UGA	63.70	100	130	230	28-May	Nairobi, KEN
Uzair Qamar	2002	NZL	67.00	100	125	225	10-Jul	Nelson, NZL
Garin Beams	2001	WAL	66.60	96	125	221	11-Dec	Bangor, Wales, GBR
Slad Van Der Walt	2004	RSA	66.51	93	115	208	30-Nov	Johannesburg, RSA
Antonio Capavanni	1993	SCO	64.03	91	110	201	26-Jun	London, England, GBR
Solomoni Vira	2004	FIJ	65.50	90	110	200	19-Feb	Suva, FIJ
Simeon Dago	2000	PNG	61.10	86	114	200	19-Feb	Port Morseby, PNG
Pasxalis Psimolophitis	2003	CYP	66.40	90	105	195	20-Nov	Limassol, CYP
Rylee Borg	2006	MLT		86	105	191	23-Aug	Ciechanow, POL
Howie Lee	1987	SGP	65.20	75	100	175	27-Mar	Singapore City, SGP
Adam Crook	1995	SCO	62.50	65	80	145	23-Oct	Glasgow, Scotland, GBR

73kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Achinta Sheuli	2001	IND	72.80	143	173	316	10-Dec	Tashkent, UZB
Muhammad Erry Hidayat	1999	MAS	72.80	136	165	301	10-Dec	Tashkent, UZB
Michael Farmer	1999	WAL	72.40	134	160	294	11-Dec	Bangor, Wales, GBR
Jonathan Chin	1994	ENG	72.20	127	165	292	11-Dec	Bangor, Wales, GBR
Shad Darsigny	2003	CAN	72.70	131	160	291	26-May	Tashkent, UZB
Brandon Wakeling	1994	AUS	72.40	125	166	291	28-Jul	Tokyo, JPN
D.M. Indika C. Dissanayake	1989	SRI	72.70	130	156	286	10-Dec	Tashkent, UZB
John Tafi	2002	SAM	71.10	123	161	284	25-Sep	Apia, SAM
Vester Villalon	1991	NZL	72.80	120	160	280	11-Dec	Auckland, NZL
Ezekiel Moses	2001	NRU	72.00	122	155	277	25-Sep	NRU
Ruben Katoatau	1997	KIR	70.40	120	150	270	19-Feb	Tarawa, KIR
Jon-Antohein Phillips	2000	RSA	72.25	112	151	263	30-Nov	Johannesburg, RSA
Anthony Libasia Masinde	1989	KEN	72.40	121	140	261	10-Dec	Tashkent, UZB
Charlie Lolohea	1994	FIJ	73.00	100	150	250	19-Feb	Suva, FIJ
Hakim Musoke Ssemperera	1995	UGA	72.30	112	138	250	28-May	Nairobi, KEN
Craig Carfrey	1988	SCO	72.32	105	140	245	26-Jun	London, England, GBR
Ivelin Andonov	1993	CYP	72.25	107	130	237	20-Nov	Limassol, CYP
Machachamise Ernest Nt'sinyi	1998	LES	73.00	100	130	230	28-May	Nairobi, KEN
Jeremy Teng	1992	SGP	72.30	102	125	227	27-Mar	Singapore City, SGP
Pantelis Papadopoulos	2004	CYP	70.18	100	125	225	16-Oct	San Marino City, SMR
Rylee Borg	2006	MLT	68.45	85	100	185	26-Jun	Cospicica, MLT
Rarua Tolana Mavara	1997	PNG	71.10	75	100	175	25-Sep	Port Morseby, PNG

81kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Kyle Bruce	1999	AUS	81.00	149	182	331	23-Oct	Sydney, AUS
Nicolas Vachon	1996	CAN	80.35	143	184	327	21-Apr	Santo Domingo, DOM
Ajay Singh	1997	IND	80.85	145	179	324	11-Aug	Patiala, IND
Cameron McTaggart	1997	NZL	80.80	140	175	315	31-Jul	Tokyo, JPN
Chris Murray	1999	ENG	80.46	143	170	313	26-Jun	London, England, GBR
Bob Pesaleli	1993	SAM	78.91	137	165	302	19-Feb	Apia, SAM
Chinthana G. Vidanage	1981	SRI	80.70	134	166	300	11-Dec	Tashkent, UZB
Ahmed Valdy Njoya	1999	CMR	80.40	131	165	296	29-May	Nairobi, KEN
Jason Epton	2000	SCO	78.77	132	163	295	29-Sep	Rovaniemi, FIN
Ezekiel Moses	2001	NRU	74.30	125	155	280	19-Feb	NRU
Titara Aata	1998	KIR	78.20	110	160	270	19-Feb	Tarawa, KIR
Dinesh Pandoo	2001	MRI	75.11	113	153	266	30-Nov	Johannesburg, RSA
Omarie A. Mears	1993	JAM	80.60	125	141	266	11-Dec	Tashkent, UZB
Tom Ingram	1998	WAL	79.97	120	145	265	26-Jun	London, England, GBR
Igo Lohia	1999	PNG	80.00	115	145	260	19-Feb	Port Morseby, PNG
Anton Micallef	1991	MLT	80.70	114	136	250	11-Dec	Tashkent, UZB
Maurice Aromo Oduor	1988	KEN	80.30	114	135	249	11-Dec	Tashkent, UZB
Ivan Masakwe	1990	UGA	80.25	110	130	240	29-May	Nairobi, KEN
Daniel Katzav	1994	RSA	80.35	100	130	240	30-Nov	Johannesburg, RSA
Goi Si Han	1979	SGP	77.15	98	122	220	28-Mar	Singapore City, SGP
Dimitris Petroudis	1999	CYP	78.00	90	112	202	20-Nov	Limassol, CYP
Patrick Veidreyakei	1989	FIJ	81.00	115	---	---	25-Sep	Suva, FIJ

89kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Alex Bellemarre	1998	CAN	86.70	161	189	350	12-Dec	Tashkent, UZB
Antonis Martasidis	1992	CYP	88.62	150	190	340	8-Apr	Moscow, RUS
Kyle Bruce	1999	AUS	84.20	148	190	338	21-May	Sydney, AUS
Jack Opeloge	2000	SAM	83.40	147	190	337	19-Feb	Apia, SAM
Cameron McTaggart	1997	NZL	84.30	142	175	317	4-Jul	Fielding, NZL
N. Jamaludeen	2001	IND	88.50	134	176	310	11-Aug	Patiala, IND
Beau Garrett	1990	AUS	88.40	132	169	301	12-Dec	Tashkent, UZB
Edward Smale	1997	ENG	88.06	136	160	296	26-Jun	London, England, GBR
Lim Kang Yin	1996	SGP	85.75	128	160	288	28-Mar	Singapore City, SGP
Jonathan Biggin	1989	SCO	87.53	125	150	275	26-Jun	London, England, GBR
Patrick Tawake	1989	FIJ	81.30	117	155	272	19-Feb	Suva, FIJ
Uea Detunamo	1999	NRU	82.60	120	152	272	26-Sep	NRU
Toua Udia	1992	PNG	88.80	116	150	266	26-Sep	Port Morseby, PNG
Bradley Walker	1995	RSA	86.73	112	154	266	30-Nov	Johannesburg, RSA
Jerome Tura	1991	COK	88.60	115	140	255	19-Feb	Avarua, COK
Anton Micallef	1991	MLT	83.69	112	135	247	16-Oct	San Marino City, SMR
Omario Mears	1993	JAM	88.48	110	130	240	22-Apr	Santo Domingo, DOM
Maurice Aromo	1988	KEN	84.20	102	132	234	28-May	Nairobi, KEN
Anthony Saru	1994	SOL	81.40	90	120	210	19-Feb	Honiara, SOL
Buee Lolorimo	2000	KIR	85.30	80	110	190	19-Feb	Tarawa, KIR

96kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Boady Santavy	1997	CAN	95.17	181	208	389	22-Apr	Santo Domingo, DOM
Don Opeloge	1999	SAM	95.64	172	215	387	19-Feb	Apia, SAM
Cyrille Tchatchet II	1995	CMR	95.45	155	195	350	31-Jul	Tokyo, JPN
David James	1993	AUS	92.45	161	184	345	23-May	Perth, AUS
Antonis Martasidis	1992	CYP	90.70	153	190	343	14-Dec	Tashkent, UZB
Vikas Thakur	1993	IND	96.00	150	189	339	14-Dec	Tashkent, UZB
Christian Amoah	1999	GHA	94.05	149	184	333	29-May	Nairobi, KEN
Ruben Burger	1991	RSA	95.96	140	173	313	30-Nov	Johannesburg, RSA
Taniela Rainibugi	1998	FIJ	94.95	145	167	312	26-Sep	Suva, FIJ
Douglas Sekone-Fraser	1991	NZL	95.00	141	170	311	11-Jul	Nelson, NZL
Zubair Kubo	1995	UGA	95.20	140	170	310	29-May	Nairobi, KEN
Jack Dobson	1993	ENG	94.38	138	172	310	26-Jun	London, England, GBR
David Steel	1986	SCO	95.10	136	166	302	10-Dec	London, England, GBR
En Wei John Cheah	1991	SGP	95.50	136	162	298	23-Apr	Tashkent, UZB
Cedric Coret	1991	MRI	94.90	130	166	296	13-Dec	Tashkent, UZB
Shanaka M. Peters	1991	SRI	95.10	130	165	295	13-Dec	Tashkent, UZB
Johnny Reaney	1994	NIR	91.96	133	150	283	26-Jun	London, England, GBR
Jiarul Islam	1995	BAN	95.50	123	153	276	13-Dec	Tashkent, UZB
Uaealesi Funaki	1998	TGA	90.66	120	150	270	19-Feb	Nuku'alofa, TGA
Filip Taylor	1997	WAL	95.22	117	150	267	26-Jun	London, England, GBR
Niumaia Niumataivalu	1996	FIJ	94.65	115	150	265	19-Feb	Suva, FIJ
Guto Hughes		WAL	95.30	117	143	260	11-Dec	Bangor, Wales, GBR
James Daley	1988	JAM	92.12	116	140	256	22-Apr	Santo Domingo, DOM
Sepa Simoi	2002	PNG	95.00	111	140	251	19-Feb	Port Moresby, PNG
Freedom Scotty	1997	NRU	95.70	110	140	250	26-Sep	NRU
Dikabelo Solomon	1995	BOT	89.75	116	132	248	29-May	Nairobi, KEN

102kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Boady Santavy	1997	CAN	97.70	168	198	366	6-Nov	Scarborough, CAN
Petelo Lautusi	1996	SAM	101.90	150	200	350	27-Jun	Apia, SAM
Denis Joel Essama Owona	1989	CMR	99.00	156	190	346	29-May	Nairobi, KEN
Jacob Marquardt	1995	AUS	98.58	145	186	331	21-May	Sydney, AUS
Vikas Thakur	1993	IND	98.00	151	180	331	12-Aug	Patiala, IND
Omar Keshta	1998	ENG	101.93	143	186	329	2-Oct	Rovaniemi, FIN
Jack Anthony Madanamoothoo	1999	MRI	100.60	135	171	306	15-Dec	Tashkent, UZB
David Katoatau	1984	KIR	101.90	125	175	300	19-Feb	Tarawa, KIR
Christoffel Reeders	1990	RSA	101.45	130	160	290	29-May	Nairobi, KEN
Jaydon Buckley	1995	NZL	96.50	130	160	290	24-Sep	Tauranga, NZL
Harry Nelms	1999	WAL	101.40	124	160	284	26-Sep	Caerphilly, Wales, GBR
Ian Docherty	1993	SCO	98.30	125	155	280	5-Dec	Stirling, Scotland, GBR
Timothy Vakuruivalu	1999	FIJ	98.00	120	150	270	19-Feb	Suva, FIJ
Jiarul Islam	1995	BAN	96.10	123	141	264	24-Apr	Tashkent, UZB
Oscar Taramae	1999	SOL	101.50	110	145	255	19-Feb	Honiara, SOL
Andreas Charalambous	1994	CYP	100.60	100	130	230	20-Nov	Limassol, CYP
Denis Taripo	1992	COK	98.50	100	125	225	19-Feb	Avarua, COK
Martin MacPhail	1960	RSA	99.55	62	75	137	30-Nov	Johannesburg, RSA

109kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Junior P. Ndadja Nyabeyeu	1993	CMR	105.90	160	200	360	16-Dec	Tashkent, UZB
Jackson Roberts-Young	1996	AUS	108.82	151	200	351	21-May	Sydney, AUS
Petelo Lautusi	1996	SAM	103.05	155	195	350	19-Feb	Apia, SAM
Lovepreet Singh	1997	IND	108.90	161	187	348	16-Dec	Tashkent, UZB
Richard Davidson	1994	CAN	108.30	147	190	337	6-Nov	Guayaquil, ECU
Jordan Sakkas	1999	WAL	107.90	148	187	335	11-Dec	Bangor, Wales, GBR
Hanzala Dastigir Butt	2002	PAK	108.70	145	182	327	16-Dec	Tashkent, UZB
Christopher Palsler-Thorne	1993	ENG	107.80	140	180	320	26-Jun	London, England, GBR
Siaosi Leuo	1992	NZL	107.40	135	180	315	4-Jul	Fielding, NZL
Zachary Courtney	1994	SCO	108.55	143	170	313	4-Dec	Hobart, AUS
Nathan Morris	1996	RSA	109.00	131	156	287	30-Nov	Johannesburg, RSA
Vlad Baldacchino	1995	MLT	104.03	126	157	283	16-Oct	San Marino City, SMR
Freedom Scotty	1997	NRU	102.60	117	145	262	19-Feb	NRU

+109kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
David Liti	1996	NZL	176.55	178	236	414	4-Aug	Tokyo, JPN
Sanele Mao	1985	SAM	112.91	175	231	406	19-Feb	Apia, SAM
Muhammad Nooh Dastigir Butt	1998	PAK	165.20	165	225	390	17-Dec	Tashkent, UZB
Gurdeep Singh	1995	IND	159.10	172	217	389	17-Dec	Tashkent, UZB
Suamili Nanai	1995	AUS	130.40	165	210	375	28-Nov	Perth, AUS
Miklos Bencsik II	1989	CAN	144.30	155	205	360	17-Dec	Tashkent, UZB
Andrew Griffiths	1993	ENG	117.14	155	180	335	26-Jun	London, England, GBR
Daniel O'Hare	1998	NIR	113.20	141	179	320	28-Nov	Harrogate, England, GBR
Ushan C. Vidanapathirana	1993	SRI	146.50	135	180	315	17-Dec	Tashkent, UZB
Zachary Courtney	1994	SCO	109.20	142	170	312	24-Jul	Hobart, AUS
Sio (Joe) Pomelile	1993	TGA	116.30	130	175	305	14-Feb	Auckland, NZL
Roux Niewoudt	2002	RSA	119.74	120	142	262	30-Nov	Johannesburg, RSA
Nabon Thomas	1990	KIR	117.00	110	150	260	19-Feb	Tarawa, KIR
Lewis Chua Yong Hwee	1991	SGP	151.40	110	147	257	28-Mar	Singapore City, SGP
Godfrey Baligeya	1987	UGA	115.00	110	145	255	17-Dec	Tashkent, UZB
Christos Nicolaou	1993	CYP	113.40	100	130	230	20-Nov	Limassol, CYP

2021 COMMONWEALTH WEIGHTLIFTING FEDERATION RANKINGS

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WOMEN: ONE PER COUNTRY

45kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Dipali Gursale	1996	IND	44.86	73	87	160	10-Aug	Patiala, IND
M. Srimali S. Divisekara	1999	SRI	44.90	58	78	136	8-Dec	Tashkent, UZB
Samantha Shen	1994	AUS	44.80	52	61	113	19-Jun	Adelaide, AUS
Alexandra Marcil	1990	CAN	44.40	45	55	100	4-Sep	La Prairie, CAN
Idau Vagi	2006	PNG	40.50	43	53	96	19-Feb	Port Moresby, PNG
Janet Oduor	1993	KEN	43.20	42	50	92	27-May	Nairobi, KEN
Kim Camilleri Lagana	2008	MLT	37.20	40	50	90	26-Jun	Cosipica, MLT
Loren Harvey	2006	NZL	44.40	35	34	80	11-Dec	Lower Hutt, NZL
Zoe Ioannou	2010	CYP	44.05	31	40	71	20-Nov	Limassol, CYP
Lisa Sunga	2006	SOL	45.00	25	40	65	19-Feb	Honiara, SOL
Josephine Chan	1982	SGP	44.20	30	35	65	28-Mar	Singapore City, SGP

49kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Saikhom Mirabai Chanu	1994	IND	48.90	86	119	205	17-Apr	Tashkent, UZB
Stella Peter Kingsley	2002	NGR	48.30	72	96	168	8-Dec	Tashkent, UZB
Lou Dika Toua	1984	PNG	48.95	72	95	167	24-Jul	Tokyo, JPN
Marie Hanitra Roilya Ranaivosoa	1990	MRI	48.95	73	91	164	24-Jul	Tokyo, JPN
Tenishia Thornton	2005	MLT	48.52	70	89	159	3-Apr	Moscow, RUS
Hannah Powell	1992	WAL	48.14	67	84	151	26-Jun	London, England, GBR
Marie-Pier Gendron	2000	CAN	48.84	63	83	146	6-Nov	Montreal, CAN
Lisa Tobias	1980	SCO	48.89	61	81	142	26-Jun	London, England, GBR
Le Minh Thu Huynh	1993	AUS	48.97	60	78	138	22-May	Adelaide, AUS
Winnifred Ntumi	2002	GHA	48.00	59	76	135	8-Dec	Tashkent, UZB
Sheryl Tan	1988	NZL	48.56	49	60	109	13-Feb	Auckland, NZL
Ateca Vira	2007	FIJ	45.50	47	60	107	19-Feb	Suva, FIJ
Janet Atieno Oduor	1993	KEN	46.00	45	58	103	8-Dec	Tashkent, UZB
Tiisetso Hlabathe	1999	RSA	46.45	45	57	102	30-Nov	Johannesburg, RSA
Fathin Nadhirah	2001	SGP	47.30	33	37	70	27-Mar	Singapore City, SGP

55kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Adijat Adenike Olarinoye	1999	NGR	54.20	90	113	203	9-Dec	Tashkent, UZB
Sorokhaibam Bindyarani Devi	1999	IND	54.60	84	114	198	9-Dec	Tashkent, UZB
Fraer Morrow	1998	ENG	54.50	86	109	195	26-Jun	London, England, GBR
Catrin Jones	1999	WAL	54.87	83	105	188	26-Jun	London, England, GBR
Rachel Leblanc-Bazinet	1988	CAN	54.90	82	99	181	26-Jul	Tokyo, JPN
Jenly Tegu Wini	1983	SOL	54.66	75	101	176	24-Sep	Honiara, SOL
Jess Sewastenko	1994	AUS	54.60	74	96	170	19-Dec	Sydney, AUS
Lou Dika Toua	1984	PNG	50.05	69	95	164	26-Jun	Melbourne, AUS
Tenisha Thornton	2005	MLT	54.60	73	89	162	9-Dec	Tashkent, UZB
Jodey Hughes	1983	SCO	54.80	70	90	160	4-Dec	Stirling, Scotland, GBR
W. Chamari M. Warnakulasuriya	1990	SRI	54.60	70	90	160	9-Dec	Tashkent, UZB
Sky Norris	1999	JAM	53.30	70	86	156	9-Dec	Tashkent, UZB
Myonly Stephen	2006	NRU	51.60	63	80	143	24-Sep	NRU
Sandra Mensimah Owusu	2002	GHA	54.30	66	77	143	9-Dec	Tashkent, UZB
Srity Akther	1994	BAN	53.60	65	78	143	9-Dec	Tashkent, UZB
Simone Van Wyk	1991	RSA	53.06	62	80	142	30-Nov	Johannesburg, RSA
Rebecca Jans	1988	NZL	55.00	58	76	134	3-Jul	Fielding, NZL
Chua Jiin-Linn	1998	SGP	54.95	49	72	121	27-Mar	Singapore City, SGP
Dawn Scott	1983	NIR	54.80	51	67	118	20-Oct	Alkmaar, NED
Caroline Wairimu	1990	KEN	54.70	50	65	115	9-Dec	Tashkent, UZB
Tebeia Raweaitina	2005	KIR	53.50	51	60	111	19-Feb	Tarawa, KIR
Marjia Akter Ekra	2003	BAN	52.20	63	---	---	24-May	Tashkent, UZB
Marian Ema Vira	2002	FIJ	55.70	45	---	---	24-Sep	Suva, FIJ

59kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Zoe Smith	1994	ENG	58.80	89	111	200	5-Apr	Moscow, RUS
Tali Darsigny	1998	CAN	58.99	88	109	197	20-Apr	Santo Domingo, DOM
Mohini	1999	IND	58.44	84	110	194	11-Aug	Patiala, IND
Tori Gallagos	2003	AUS	58.50	86	106	192	25-Sep	Nambour, AUS
Laura Wheatcroft (Hewitt)	1994	WAL	57.90	83	101	184	13-Nov	Bangor, Wales, GBR
Jenly Tegu Wini	1983	SOL	56.00	80	102	182	19-Feb	Honiara, SOL
Hannah Cyrmbles	1995	NIR	57.73	80	93	173	26-Jun	London, England, GBR
Ame Prinsloo	1999	NZL	58.60	75	94	169	4-Dec	Hamilton, NZL
Jodey Hughes	1983	SCO	58.76	71	93	164	26-Jun	London, England, GBR
Mudiyanselage N.S. Rajapaksa	1990	SRI	58.40	74	90	164	11-Dec	Tashkent, UZB
Winy Langat	1998	KEN	57.92	61	81	142	28-May	Nairobi, KEN
Magdeline Moyengwa	2001	BOT	57.00	65	75	140	25-May	Tashkent, UZB
Demetra Ioannou	1993	CYP	57.35	63	76	139	20-Nov	Limassol, CYP
Sarah Ang Su En	2002	SGP	58.00	68	70	138	27-Mar	Singapore City, SGP
Sekolasitika Isaia	2000	SAM	55.53	50	80	130	19-Feb	Apia, SAM
Gini Rany	2003	BAN	57.05	56	70	126	25-May	Tashkent, UZB
Hannah Subramony	1997	RSA	59.00	55	71	126	30-Nov	Johannesburg, RSA
Naoani Bogana	2003	PNG	55.20	47	52	99	19-Feb	Port Morseby, PNG
Anneke Spies	1993	RSA	59.00	75	---	---	28-May	Nairobi, KEN

64kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maude Charron	1993	CAN	63.62	107	133	240	21-Apr	Santo Domingo, DOM
Sarah Davies	1992	ENG	63.70	101	129	230	6-Apr	Moscow, RUS
Sarah Cochrane	1989	AUS	63.66	100	120	220	24-Sep	Brisbane, AUS
Harjinder Kaur	1996	IND	63.41	91	111	202	11-Aug	Patiala, IND
Joy Ogbonne Eze	2004	NGR	63.75	88	110	198	28-May	Nairobi, KEN
Emma McIntyre	1991	NZL	63.60	88	105	193	10-Jul	Nelson, NZL
Yasmin Zammit-Stevens	1993	MLT	63.70	84	105	189	27-Jul	Tokyo, JPN
Anneke Spies	1993	RSA	60.64	80	103	183	30-Nov	Johannesburg, RSA
Alison Sefo	1994	SAM	61.78	80	98	178	19-Feb	Apia, SAM
Caroline Doyle	1992	NIR	62.85	81	95	176	26-Jun	London, England, GBR
Jo McEwan	1986	WAL	64.00	76	96	172	11-Dec	Bangor, Wales, GBR
Lesley Brown	1991	SCO	63.68	75	90	165	26-Jun	London, England, GBR
Arshika Vijaybaskar	2001	SRI	63.60	70	90	160	12-Dec	Tashkent, UZB
Konio Igo	2002	PNG	64.00	72	87	159	19-Feb	Port Morseby, PNG
Nicole Heng	1995	SGP	63.60	67	83	150	27-Mar	Singapore City, SGP
Ludcilla Agir	2005	NRU	63.73	63	80	143	19-Feb	NRU
Farjana Akter Riya	2003	BAN	61.05	60	76	136	26-May	Tashkent, UZB
Rachael Achieng	2004	KEN	62.85	60	70	130	28-May	Nairobi, KEN
Lalma Sifi	1987	SOL	63.00	60	67	127	19-Feb	Honiara, SOL
Lilia Kyriakidou	1996	CYP	63.31	58	68	126	16-Oct	San Marino City, SMR
Marion Vira	2002	FIJ	62.80	55	65	120	19-Feb	Suva, FIJ

71kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Sarah Davies	1992	ENG	70.50	102	132	234	13-Dec	Tashkent, UZB
Joy Ogbonne Eze	2004	NGR	69.40	100	130	230	13-Dec	Tashkent, UZB
Adreanne Messier	1999	CAN	70.90	100	119	219	5-Nov	Guayaquil, ECU
Sarah Cochrane	1989	AUS	66.60	98	120	218	10-Jul	Townsville, AUS
Harjinder Kaur	1996	IND	69.20	90	121	211	13-Dec	Tashkent, UZB
Megan Signal	1990	NZL	69.20	92	118	210	13-Feb	Auckland, NZL
Nancy Genzel Abouke	2003	NRU	68.20	90	115	205	26-Jun	NRU
Faye Pittman	1983	WAL	70.24	85	110	195	26-Jun	London, England, GBR
Yasmin Zammit-Stevens	1993	MLT	66.50	90	105	195	27-Jun	Cosipica, MLT
Alice Aitchison	1999	SCO	69.90	85	110	195	5-Dec	Stirling, Scotland, GBR
Myriam Ghekap Wafo	1994	CMR	67.93	72	98	170	6-Nov	Istres, FRA
G.G.D.I. Gurugama	2003	SRI	69.00	74	94	168	13-Dec	Tashkent, UZB
Saofaialo Jim	2000	SAM	67.49	70	95	165	19-Feb	Apia, SAM
Angela Hill	1997	RSA	70.75	75	88	163	30-Nov	Johannesburg, RSA
Holly O'Shea	1996	GIB		71	92	163	13-Dec	Tashkent, UZB
Rebekah Thompson	1980	NIR	68.89	68	92	160	26-Jun	London, England, GBR
Jamie Gotty	1986	COK	67.50	65	83	148	19-Feb	Avarua, COK
Talemaisawa Sebuta	2004	FIJ	70.30	63	75	138	25-Sep	Suva, FIJ
Aritaake Kaiabebe	2004	KIR	70.20	52	60	112	19-Feb	Tarawa, KIR
Winnie Tann	1984	SGP	70.90	42	63	105	28-Mar	Singapore City, SGP

76kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Maya Laylor	1995	CAN	75.60	103	130	233	28-Aug	Toronto, CAN
Emily Muskett (Godley)	1989	ENG	71.85	98	124	222	1-Aug	Tokyo, JPN
Punam Yadev	1995	IND	75.20	98	122	220	14-Dec	Tashkent, UZB
Isabel Harrison-Lorenzini	1999	AUS	73.95	102	116	218	31-Jan	Sydney, AUS
Megan Signal	1990	NZL	72.30	95	123	218	4-Jul	Fielding, NZL
Jeanne Gaelle Eyenga Mbo'ossi	1999	CMR	74.35	96	117	213	29-May	Nairobi, KEN
Taiwo Liadi	2002	NGR	74.80	95	115	210	14-Dec	Tashkent, UZB
Laura Hughes	1993	WAL	75.70	90	114	204	11-Dec	Bangor, Wales, GBR
Nancy Genzel Abouke	2003	NRU	71.80	90	113	203	1-Aug	Tokyo, JPN
Agata Herbert	1988	SCO	74.10	91	110	201	4-Dec	Stirling, Scotland, GBR
Chloe Whyllie	1990	JAM	75.50	75	95	170	14-Dec	Tashkent, UZB
Hito Grace Gari	2001	PNG	74.00	70	90	160	19-Feb	Port Morseby, PNG
Tiiiau Bakaekiri	1997	KIR	75.80	70	90	160	19-Feb	Tarawa, KIR
W.P.D.N. Sanjana	2004	SRI	75.20	73	85	158	14-Dec	Tashkent, UZB
Wilkister Nyiro	1992	KEN	73.95	70	84	154	29-May	Nairobi, KEN
Avatu Opeloge	2004	SAM	73.60	64	83	147	25-Sep	Apia, SAM
Ashleigh Probert	1997	RSA	74.00	60	75	135	30-Nov	Johannesburg, RSA
Chen Chun Ting	1981	SGP	75.35	55	68	123	28-Mar	Singapore City, SGP

81kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Eileen Cikamatana	1999	AUS	81.00	111	140	251	20-Nov	San Marino, SMR
Marie Josephe Fegue	1991	CMR	77.34	110	135	245	23-Oct	Istres, FRA
Leotina Petelo	2001	SAM	80.96	100	130	230	26-Jun	Apia, SAM
Kristel Ngarlem	1995	CAN	78.33	91	120	211	6-Nov	Montreal, CAN
Sarah Wiltshire	1990	ENG	78.60	88	113	201	14-Nov	Bangor, Wales, GBR
Kartigya	1999	IND	77.60	89	109	198	12-Aug	Patiala, IND
Rayen Cupid	1985	SVG	77.21	88	107	195	23-Apr	Santo Domingo, DOM
Balage Chathurika Priyanthi	1992	SRI	80.20	86	106	192	23-Apr	Tashkent, UZB
Noi Bernadette Igo	1998	PNG	80.00	85	105	190	19-Feb	Port Morseby, PNG
Merewalesi Vusonitokalau	1999	FIJ	78.50	85	102	187	19-Feb	Suva, FIJ
Renee Baarspul	1986	NZL	80.52	82	103	185	4-Jul	Fielding, NZL
Elizabeth Adimim	2002	NRU	78.50	77	97	174	19-Feb	NRU
Monira Kazi	1995	BAN	76.10	65	90	155	23-Apr	Tashkent, UZB
Salome Manumua	2005	TGA	81.00	69	85	154	19-Feb	San Francisco, USA
Savanna Hoedemaker	1998	RSA	80.97	64	76	140	30-Nov	Johannesburg, RSA
Ashley McGlinchey	1984	SCO	77.40	48	60	108	23-Oct	Glasgow, Scotland, GBR

87kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Eileen Cikamatana	1999	AUS	85.15	121	153	274	26-Jun	Melbourne, AUS
Leotina Petelo	2001	SAM	82.15	100	130	230	19-Feb	Apia, SAM
Clementine Meukeugni Noubbissi	1990	CMR	85.85	99	125	224	2-Aug	Tokyo, JPN
Kristel Ngarlem	1995	CAN	81.60	99	125	224	16-Dec	Tashkent, UZB
Hayley Whiting	1993	NZL	83.80	101	120	221	15-May	Hamilton, NZL
Nicola Stiddard	1993	ENG	82.92	90	115	205	26-Jun	London, England, GBR
Pavunraj Anuradha	1992	IND	86.70	91	110	201	24-Apr	Tashkent, UZB
Chathurika Priyanthi Balage	1992	SRI	84.40	80	105	185	16-Dec	Tashkent, UZB
Ariana Uepa	1999	NRU	83.66	75	95	170	19-Feb	NRU
Yvgeni Henderson	1988	JAM	85.60	74	96	170	16-Dec	Tashkent, UZB
Sydney Maxwell	1996	SCO	86.00	71	93	164	5-Dec	Stirling, Scotland, GBR
Salome Manumua	2005	TGA	81.40	65	85	150	30-May	Tashkent, UZB
Raynique Ducie	1986	RSA	84.80	67	72	139	30-Nov	Johannesburg, RSA
Chan Jia Hui Jacelyn	1981	SGP	82.05	56	77	133	28-Mar	Singapore City, SGP
Hanisi Masio	2003	FIJ	82.50	45	70	115	19-Feb	Suva, FIJ

+87kg Category	Born	Nation	Body.Wt	Snatch	Cl & Jk	Total	Date	Where (City, Nation)
Emily Campbell	1994	ENG	122.06	122	154	276	11-Apr	Moscow, RUS
Luniara Sipai	1993	SAM	120.78	110	150	260	26-Jun	Apia, SAM
Laurel Hubbard	1978	NZL	148.00	115	135	250	8-May	Dunedin, NZL
Charisma Amoe-Tarrant	1999	AUS	154.05	105	138	243	2-Aug	Tokyo, JPN
Emma Friesen	2002	CAN	110.82	103	126	229	4-Dec	Lachute, CAN
Purnima Pandey	1997	IND	99.40	102	127	229	16-Dec	Tashkent, UZB
Kuinini Manumua	2000	TGA	108.50	103	125	228	2-Aug	Tokyo, JPN
W.T.N.J.B. Haputhanna	1999	SRI	114.50	81	106	187	16-Dec	Tashkent, UZB
Helen Seipua	2002	FIJ	116.00	80	100	180	19-Feb	Suva, FIJ
Clare McLarnon	1976	NIR	108.40	81	92	173	18-Oct	Alkmaar, NED
Tyler Johnston	2004	SCO	92.60	75	90	165	27-Nov	Harrogate, England, GBR
Lavinia Tama	1985	COK	87.50	65	85	150	19-Feb	Avarua, COK
Ramsi Edwards	2006	NIU	103.80	70	90	160	4-Jul	Fielding, NZL
Khanyesile Motswamere	2004	RSA	98.50	36	50	86	30-Nov	Johannesburg, RSA