OCEANIA WEIGHTLIFTING FEDERATION

Newsletter



The countdown to the Gold Coast continues...

March 30, 2018

SAMOA HAS ARRIVED AT THE GOLD COAST



Seiuli Paul Wallwork

At the 1974 Christchurch Commonwealth Games,, Samoa became the first Pacific country to win Medal in weightlifting at a Commonwealth Games. The athlete was Paul Wallwork and he won silver in the 82.5kg category. Paul went on to become an icon in sport in Samoa and the region. Thirty-one years later, Paul Wallwork was the brains behind the relocation of the Oceania Institute from Sigatoka to Apia in 2005.

In 2010, Paul's son, Jerry Wallwork, made history for Samoa at the Delhi Commonwealth Games when he coach Samoa to three gold medals in weightlifting with Ele Opeloge in the +75kg category, Faavae Faauliuli in the 94kg category and Niusila Opeloge in the 105kg category. What a coup this was, not only for Samoa, but also for the Pacific region and the Commonwealth.

DELHI 2010, "HISTORY MAKING FOR SAMOA"



Ele Opeloge Gold medal 75+ Category



Niusila Opeloge Gold medal 105Kg Category



Faavae Faauliuli Gold medal 94 Kg Category



Samoa's super-heavy champion Lauititi Lui in action

Today, Jerry is coach and president of the Samoa weightlifting Federation. He has today on the Gold Coast the most powerful group of lifters in the Commonwealth.

The team is lead by a young super heavyweight, Lauititi Lui who has surpassed the 400kg total and has a great chance of winning gold in the +105kg category. Another favourite for gold is Nevo Ioane in the 69kg category. Nevo was a bronze medallist in Glasgow. Still another powerful lifter in the 105kg is Sanele Mao, who is currently ranking number one in the Commonwealth and will be very hard to beat.

Weightlifting is the most successful sport in Samoa today, thanks to the hard work of Jerry Wallwork. Jerry is also the 1st Vice President of the Oceania Weightlifting Federation.



His team has been prepared for the Gold Coast for a long time and

